



Concerned about your fertility?

If you are planning to visit a fertility specialist or doctor to explore your fertility, here are some questions that might assist you in getting the right response from your doctor or specialist.

- Why aren't I/we pregnant? --> Is this normal?
- What happens with other people? --> Is this a major problem?
- What can I/we change to improve my chances? --> How much difference will that make?
- Do I need to change my diet?
- Do I need to lose weight?
- Should I be taking vitamin supplements?
- Should I explore alternative therapies?
- Should I see a Specialist? --> What kind? --> What will they do?
- Am I too old? --> What should I do now?
- What about IVF? --> What is IVF? --> Should I have IVF?
- What is the difference between urinary and recombinant hormones?
- What are the chances of IVF working for me?
- What about multiple pregnancies?
- I work full-time, can I have IVF and still work?
- What is it going to cost?